

Everett April 2017 Breakfast Menu K-12

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4/3 WG Pancake Wrap Assorted Whole Grain Cereal With WG Toast Chilled Juice or Fruit Low Fat Milk	4/4 WG Waffle Sausage Links Assorted Whole Grain Cereal With WG Toast Chilled Juice or Fruit Low Fat Milk	4/5 Scrambled Eggs Sausage Links WG Toast Assorted Whole Grain Cereal With WG Toast Chilled Juice or Fruit Low Fat Milk	4/6 Grab and Go Bagels Assorted Whole Grain Cereal With WG Toast Chilled Juice or Fruit Low Fat Milk	4/7 Breakfast Pizza Assorted Whole Grain Cereal With WG Toast Chilled Juice or Fruit Low Fat Milk
4/10 WG Pancake Wrap Assorted Whole Grain Cereal With WG Toast Chilled Juice or Fruit Low Fat Milk	4/11 Turkey Sausage Patty on an English Muffin Assorted Whole Grain Cereal With WG Toast Chilled Juice or Fruit Low Fat Milk	4/12 Sausage Gravy over WG Biscuit Assorted Whole Grain Cereal With WG Toast Chilled Juice or Fruit Low Fat Milk	4/13 No School Easter Break 	4/14 No School Easter Break 
4/17 No School Easter Break 	4/18 WG Waffle Sausage Links Assorted Whole Grain Cereal With WG Toast Chilled Juice or Fruit Low Fat Milk	4/19 Scrambled Eggs Sausage Links WG Toast Assorted Whole Grain Cereal With WG Toast Chilled Juice or Fruit Low Fat Milk	4/20 Grab and Go Bagels Assorted Whole Grain Cereal With WG Toast Chilled Juice or Fruit Low Fat Milk	4/21 Breakfast Pizza Assorted Whole Grain Cereal With WG Toast Chilled Juice or Fruit Low Fat Milk
4/24 WG Pancake Wrap Assorted Whole Grain Cereal With WG Toast Chilled Juice or Fruit Low Fat Milk	4/25 Turkey Sausage Patty on an English Muffin Assorted Whole Grain Cereal With WG Toast Chilled Juice or Fruit Low Fat Milk	4/26 Sausage Gravy over WG Biscuit Assorted Whole Grain Cereal With WG Toast Chilled Juice or Fruit Low Fat Milk	4/27 Grab and Go Bagels Assorted Whole Grain Cereal With WG Toast Chilled Juice or Fruit Low Fat Milk	4/28 Breakfast Pizza Assorted Whole Grain Cereal With WG Toast Chilled Juice or Fruit Low Fat Milk

What Makes a Breakfast Meal?

You must choose at least 3 of 4 components available for the school breakfast price.

Entrée, 1 Cup Fruit, and 1/2 Pint Milk

Middle & High School Alternate Options May Include:

Banana or Blueberry Muffins
 Breakfast Bar
 Warm Grab & Go Breakfast Sandwiches
 Yogurt & Toast

Variety of Fresh Fruit, 100% Fruit Juice and Canned Fruits available daily.



Milk Choices Offered Daily

Fat Free Chocolate, Fat Free Strawberry,
 Fat Free White and Low Fat White

Proud to manage your
 food service program



Meal Prices: \$1.65

Paid \$1.00

Reduced \$0.30

The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE

MENUS SUBJECT TO CHANGE